Application Method Statement for
PALADIN THERM- External Thermal Insulation Composite System (ETICS)

Introduction
The following guide contains instructions that are essential to good external thermal insulation composite system (ETICS) practice. Failure to adhere to these instructions could lead to problems with installation or ultimately, system failure. Follow the instructions of Technical Information Sheets for all Al Nasir Trading products used.

General requirements

Â For appropriate system design, Al Nasir Trading should be advised with all project details, site conditions and special requirements (if any) during the early stages of negotiations.

Â A pre-installation survey of the property shall be carried out and recorded to confirm suitability of substrate for application of the ETICS including modifications/repairs needed.

Â Installation schedule of Paladin ETICS must be coordinated with other trades on the project and signed by the main contractor.

Â At some cases many flashings must be installed prior to proceeding with ETICS installation such as windows, louvers, doors or other finishes intersections. Please refer to Al Nasir Trading Technical Department for details.

Â Installation procedure and different sections details must be approved by the consultant and main contractor prior to commencing with application.

Â Adjacent construction materials and/or fixtures that are likely to be soiled by the application process must be appropriately protected.

Â Scaffolding and other necessary equipment must be in place prior to installation.

Â Access to electrical power and clean water should be facilitated by the main contractor.

Â Ambient air temperature should not be above +40°C, and remain so for 24 hours thereafter.

Â Do not apply Paladin during inclement weather unless appropriate protection is in place.

Â All Paladin materials should be protected from weather and other damages during storage and application.

Â Insulation materials should be stored on a firm, clean, dry and level base, which is off the ground. The insulation materials should be protected from exposure to direct sunlight by storing opened packs under cover in dry condition or by covering with polythene sheets.

Â If any material that is not mentioned in this guide is to be used within the insulation system, a written approval must be granted by Al Nasir Trading to ensure the compatibility of this material to the Paladin system.
Application procedure

Substrate preparation
The substrate for Paladin ETICS should have the following requirements:
- Tested and approved by Al Nasir Trading as a suitable foundation for the system.
- Accepted substrate irregularity should at least meet the following criteria (according to DIN 18202):
  - Remove projecting mortar burrs and fill render/plaster cavities.
  - Masonry, concrete or sound existing coatings must be clean, dry, adherent, sound/solid stable and free from all substances that may prevent good adhesion.
  - Temperature during the application and drying phase should not fall below +5°C for the material, substrate and surrounding air. Maximum application temperature is +40°C. The material should not be applied in direct sunlight or sun heated substrates, during strong wind, fog or rain, high relative humidity or imminent rain or frost, etc.
  - Concrete /Render/Plaster should be allowed to cure properly. New surface should be at least 4 weeks old prior to installation.
  - Can withstand load of at least 15 -16kg/m². (Approximate weight of ETICS).

Note: The method of applying supplementary mechanical fastening for Paladin depends on the substrate conditions and specifications.

Starting the application
Paladin should start at least 10 cm above grade or 2 cm above pavement. In case the building design requires Paladin to be installed at pavement, grade or sub-grade level, please refer to Al Nasir Trading Technical Department for assistance.

A. PALADIN Base Profile
Paladin Base Profile is installed along a level line providing an excellent factory formed termination base for Paladin, as well as providing reinforcement to the lower edge of the system. It also provides an excellent substrate for sealant bonding, an excellent quality control for the Paladin system and is considered a time saving accessory for application.

Method of fixation
The base Profile is attached to the substrate using Paladin Impact screws (See Rg 01) on 30cm intervals. The surface irregularity and height adjustments are accommodated using Paladin Distance spacers (See Rg 02). The rails are connected at the ends by connector pieces from the Paladin Montage set (product no. 619/01) (See Rg 03).
B. Insulation material

1. Applying EPS insulation to concrete/masonry substrates

In all cases, movement joints in the masonry or concrete substrate must be respected and followed. EPS boards must not bridge movement joints in substrate, and a joint profile must be applied within Paladin to accommodate movement intended by the joint.

2. Preparing the adhesive mortar (Paladin 186M)

Paladin 186M (adhesive mortar) should be soaked in water for approx. 5 minutes, after that mix it using an electrical drill mixer to ensure thorough and homogenous mixing of all components. Depending on weather conditions the mortar can be used for 2 - 4 hours after mixing.

Never mix the slightly hardened or stiff material with water. Such material is not usable.

3. Applying adhesive layer to the back of the EPS insulation board

The Insulation boards are bonded to the wall by applying the prepared adhesive mortar to the boards using the point bead method, (See Fig 04).

A circumferential ribbon of adhesive (2 cm x 2 cm) is applied to the insulation boards. Also three evenly distributed patches of adhesive are then applied to the boards, so that an adhesive surface of at least 40% is achieved.

According to the design criteria, EPS boards need to be mechanically fixed, either by the drilling method or by the shooting method.

For mechanical fastening using drilling method, allow for at least 1 day before installing the dowels.

For better results allow for 3 days.

For mechanical fastening using shooting method, allow for at least 7 days before installing the dowels.

4. Installing the EPS insulation boards

Prior to installing the insulation board it is important to consider all base terminations of the system and ensure that base-rail is used in these locations.

The first insulation board must be placed firmly on the base-rail in the front side (See Ag 05); quantity of adhesive is decided according to the actual conditions. Slide and push the insulation board into place on the wall using caution not to dent or damage the board. Insert insulation board edges all the way into base-rail. Apply firm, even pressure to the entire insulation board once it is in place (See Ag 06 & 07).
Abut boards tightly at joints to produce a flush, continuously even surface with no visible gaps. Scrape excess adhesive off the edges of the boards. Continue installing the EPS boards horizontally while vertically staggering the boards and overlapping the substrate joints (except structural joints). The main aim to vertically staggering the EPS boards is to avoid vertical cracks from occurring (See Fig 08).

To avoid thermal bridging ensure a tight adhesive free joint connection between adjacent insulation boards. Filling foam approved by Al Nasir Trading (See Fig 09) can be used for filling gaps up to 5mm. After hardening, sand the surface of the joint to make it level with the adjacent boards. Larger gaps shall be filled with strips of ETICS insulation (EPS boards).

Temperature during the application and drying phase should not fall below +5°C for the material, substrate and surrounding air. The material should not be applied in direct sunlight or sun heated substrates, during strong wind, fog or rain, high relative humidity. After application, EPS boards should be protected from direct sunlight and inclement weather. Yellowed and damaged parts should be replaced, or if they are small areas, sand them down and fill with Paladin Filling Foam.

Any high spots or irregularities should be removed by lightly sanding with a rasp to ensure the application of an even thickness of base coat. After sufficient stabilization of the installed boards (normally 2 days), the insulated wall is ready for the application of the base coat. Avoid contact of boards with aromatic solvents.

5. Openings in the substrate
At facade openings, e.g. windows, doors, the EPS board ends should not coincide with the edges of openings. Offset insulation board joints 30cm or more from the corners of openings around doors, window or other similar openings. Plan the work so that the insulation board around the corner is cut from a single piece (See Fig 10).

The following are- general instructions on how to workaround openings. Please ask for detail drawings from Al Nasir Trading to show the exact fixing method and termination of Paladin around openings.
If the frame of the window or door flushes with the substrate surface, the reinforcing mesh should overlap the EPS board and should continue to the window seal at least 10cm (See Fig 11)

If the frame of the window or door is recessed from the finish level of the substrate, the reinforcing mesh should overlap the EPS boards and should continue to the window frame at least 10cm (See Fig 12)

Windows, louvers, doors or other finishes intersection must be installed prior to proceeding with ETICS insulation.

6. Building corners and edges

At all outside corners always interlock or stagger the insulation board. Level the jointed EPS boards by sanding.

Remove all loose EPS particles from the wall surface.

C. Mechanical fixation

Details of mechanical fixing (including their arrangements in the insulation board) are specified in the project specific design requirements based on pullout test results, substrate type and wind loading data. Installation of mechanical fasteners shall commence no earlier than 24 hours after the insulation EPS boards have been adhesively fixed.

In most cases a minimum of 4 mechanical fixings per m² for EPS shall be installed unless otherwise specified in the project specific design.

Dowels approved by Al Nasir Trading are only of superior specifications holding European Approval Certificate. The dowel can be either fixed by the means of drilling or hammering.

The fixing method is decided after Al Nasir Trading inspects and test the substrate. In all cases, the dowel testing should show results of load bearing 0.15 kN as an average according to DIN
D. Base coat application
Prior to the application of the base coat, make sure that:

Å Adhesive mortar has cured and the mechanical fixing dowels are all in place.

Å Check the EPS leveling. If there is irregularity or leveling problems, identify the areas that need to be fixed using a straight edge and grind down the elevated spots. Do not attempt to compensate the level difference by building up base coat thickness.

Å Identify the location of any aesthetic grooves or reveals and make sure they are cut and prepared before base coat application.

E. Reinforcing layer application
Apply the reinforcing coat material in a uniform thickness of 3 - 4mm over the EPS boards. Immediately embed the Paladin Reinforcing Mesh in the fresh coat by force trowelling the mesh (See Fig 17). Trowel over the mesh from the centre outwards to it’s edge, removing any excess base coat material to ensure consistent embedding into base coat.

Reinforcing mesh is supplied in 1.1 m x 55m and the best practice is to lay it in one run (See Fig 18). If required cutting the mesh is possible to get workable size, but keeping in mind to reduce the overlap areas to the minimum. The mesh can be applied horizontally or vertically according to the facade conditions, but for the same elevation it should be laid in the same direction. Overlap reinforcing mesh 10cm or more at the meeting ends.

After uniformly embedding the mesh, apply a 1.5 - 2mm coat of base coat mortar to create a smooth even finish that is ready to accept the final coat. Ensure that the mesh pattern is not visible.

Ensure that both the reinforcing mesh and the base coat overlap the entire flange of Paladin Base Profile used in the installation. This effectively closes off the insulation board edge, forming an aesthetically pleasing termination that also protects the system from moisture penetration. Final base coat must be allowed to dry/ cure (3 days) prior to the application of the primer/finish coat.

F. Base coat mortar
Base coat mortars used in Paladin can vary depending on project specification and customer requirements. The following are the main options Al Nasir Trading offer within the Middle East region:
G. Special mesh laying practices

1. Meshing corners
In the case of 90° angle the outer corners must have Paladin Rigid corner profile to further reinforce the edge line and provide a straight and clean corner. Overlap the corner mesh 10cm or more with the adjacent reinforcing mesh (See Fig 19).

In case that the outer corner has an angle between 0° and 180°, other than 90°, Paladin Flexible edge profile must be used to provide a clean and well reinforced edge.

For the inner corner, use Paladin Flexible edge profile to reinforce inner corners. Overlap the mesh used in the corner 10cm or more to the adjacent reinforcing mesh.

2. Openings - Edge protection
At the corners of openings, a special reinforcing practice is essential to avoid cracks. The arrow type reinforcement is one method to protect the corner (See Fig 20). In this case a small piece is cut into the arrow shape with width 30cm or more and height of 30cm or more, and attached to the corner. It is then embedded into the base coat and overlapped with the standard reinforcing mesh.

Another method is the butterfly reinforcement, where a rectangular piece of mesh is attached diagonally at the corner of the openings. It is then embedded to the base coat and overlapped with the standard reinforcing mesh. The dimensions of the mesh should be 20cm x 30cm or more.

3. Back wrapping mesh
Back wrapping is a termination method that is used according to the project requirements. Although it is not recommended as replacement for base rail, it can be used for starting the system while ensuring the EPS boards are manually leveled. It is mostly used as a vertical termination to the system; Parapet walls are an example of areas where back wrapping is used. (See Fig 21)

At this time, all terminations to be back wrapped should have free-hanging detail mesh in place. To continue the back wrapping procedure, trowel the specified base coat onto the exposed insulation board edge and face in an area wide enough to embed the width of back wrapped mesh. Embed the mesh into the fresh base coat by force trowelling.

4. Heavy duty mesh
In areas requiring heavy duty impact protection, Paladin Heavy duty mesh is used to give the required reinforcement. The standard height of heavy duty mesh is 1 m.

The heavy duty mesh is fixed prior to installing the standard reinforcement mesh and the base coat. The mesh is fixed to the EPS boards and a layer of the base coat is applied and then, using a trowel, scrapped to keep the mesh fabric visible. This method avoids visible steps between one layer and two layer reinforcement. Edges anB ends of heavy duty mesh must tightly abut one another. Do not overlap heavy duty mesh.

The standard mesh is then directly applied with base coat on top of the heavy duty mesh.
5. Meshing aesthetic grooves

The Paladin aesthetic grooves mesh (product no. 043) comes pre-formed to the agreed groove shape. The mesh is embedded in the base coat in the same way as the standard mesh using force trowelling. The groove mesh must overlap 1 Ocm or more with the adjacent meshes (See Rg 22, 23 & 24).

profile is used; Paladin Expansion joint profile for even surfaces (Rg 27) and No. 6670 for corners and edges (Rg 25) is a weather resistance profile that has insulating properties to stop thermal bridging within the system. It also provides an excellent vapour barrier to Paladin. Reinforcing material is applied on both sides of the joint and the fabric-strip is embedded into the mortar. Fabric should overlap by 10cm with reinforcing surface (See Rg 25, 26 & 27).

H. Types of joints

1. Expansion joints

Expansion joints in substrate must be followed and accommodated for within Paladin. For the vertical expansion joints a special jointing
2. ETICS separation joints
It is recommended to create a horizontal joint within Paladin if the elevation extends beyond 25m height. This joint intends to divide loads applied on the system especially the wind load. The joint is repeated every 25m height if the elevation extends further.
Joint material and jointing system can vary between buildings, and as well can have different designs. Please refer to Al Nasir Trading Technical department for detailed design and possibilities of Paladin separation joints.

3. ETICS end joint
The End joints are anywhere which Paladin ends and a new finish starts on an elevation. This detail is treated with Paladin Joint sealing tape to create a weather and moisture proof joint.

Finishing renders
Al Nasir Trading has a wide range of external finishes approved for Paladin. All provide an excellent and appealing finishes while maintaining the functionally required for external renders for:
Â Impact Resistance
Â Weather Resistance
Â Colour stability
Â Vapour barrier
Primers shall be applied in accordance with Al Nasir Trading instructions and allowed to dry for approximately 12 hours prior to the application of the finishing coat. Render primers prevent penetration of impurities from the adhesive into the render, protects and reinforces the substrate, and increases the bond strength between the render and the substrate. Finishing coats shall be applied in accordance with Al Nasir Trading instructions.
It is important that weather conditions are suitable for the application and curing of the Al Nasir Trading finishing coats. Finishing coats should not be applied when the air or wall temperature is above 45°C for the duration of the curing time. In wet weather the finished walls should be protected to prevent wash-off. It also advisable that protective covers remains in place as required to maximize the drying process.
In sunny weather, work should commence on the shady side of the building and to be continued, following the sun to prevent rendering drying out too rapidly.

To minimize colour shade variations and to avoid dry line jointing, continuous surface should be completed without a break. If breaks can not be avoided they should be made where services or architectural features exists, such as reveals or lines of doors and windows. On completion of the insulation, external fittings, rainwater goods etc. are fixed through the system into the substrate in accordance with Al Nasir Trading instructions.